



**Department: Programs and Services**  
**Section: Active, Healthy Living**

The Annapolis Valley Regional School Board recognizes the value of active healthy living and the pursuit of adventure activities. It encourages schools to consider such activities as worthwhile, provided such activities support student learning and are planned and conducted within AVRSB policies and procedures.

Adventure Education may be defined as any activity that requires specialized supervision and planning involving high risk and/or activities in a remote area (see Appendix A). See Appendix G for a sample list of such activities and requirements.

Because the AVRSB views the safety and welfare of students and staff as being paramount in the planning and conducting of outdoor adventure activities, the AVRSB requires that:

- All schools follow Board procedure for the approval and planning of activities and strictly adhere to the administrative procedures accompanying this policy.
- All schools communicate to parents the Board's Policy and Administrative Procedures that are to be followed when students are participating in Adventure Education Activities.
- All schools provide the appropriate supervision of students while in Adventure Education Activities and that safety be the primary concern for all participants.

**Specifically:**

The Director of Programs and Services will be responsible for the implementation, monitoring and revision of this policy.

This policy will be monitored annually.

**Board Approved:** October 1, 2008

**Ref:** AP 405.1

**Monitoring Date:** Annually

**Revised:**